



## Pillsbury® Apple Fru-del® K-12 Hot Breakfast

Whole Wheat Flour - First Grain Ingredient. Strudel Stick, 16 grams whole grain, 2 ounce equivalent grains, individually wrapped ovenable packages, pre-baked, frozen, naturally flavored.

**ALLERGENS:** CONTAINS WHEAT AND MILK INGREDIENTS

**UNIT SIZE:** 2.29 OZ  
**CASE COUNT:** 72

**PRODUCT CODE:** 127852000  
**UPC:** 018000278527  
**GTIN:** 10018000278524

### Nutrition Facts

Serving Size:	1 Fru-del (65g)	
Amount Per Serving:	As Packaged	
<b>Calories</b>	210	
Calories From Fat	50	
		<b>% Daily Value*</b>
<b>Total Fat</b>	6g	9%
Saturated Fat	1.5g	8%
Trans Fat	0g	
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	280mg	12%
<b>Total Carbohydrate</b>	36g	12%
Dietary Fiber	2g	8%
Sugars	11g	
<b>Protein</b>	5g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	0%	
Iron	6%	

\* Percent Daily Value (DV) are based on a 2,000 calorie diet

\* - Not a significant nutrient source

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.

\*Do not eat raw dough or batter.

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### Ingredients

WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLE STRUDEL FILLING (WATER, SUGAR, CORN SYRUP, MODIFIED CORN STARCH, APPLE PULP, MALIC ACID, PALM KERNEL OIL, MOLASSES, SODIUM CITRATE, SALT, SODIUM BENZOATE [PRESERVATIVE], GELLAN GUM, SPICE, XANTHAN GUM, LOCUST BEAN GUM, CARRAGEENAN, NATURAL FLAVOR), SUGAR, PALM OIL, CANOLA OIL, YEAST, SOYBEAN OIL. CONTAINS 2% OR LESS OF: NONFAT MILK, SALT, NATURAL FLAVOR, TBHQ (PRESERVATIVE).

### Package Information

NET WEIGHT: N/A  
 VOLUME: .727 CF  
 HEIGHT: 8 IN  
 LENGTH: 19.81 IN  
 WIDTH: 7.93 IN  
 CASE SIZE: .727 CF



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Pillsbury® Frudel® Apple Code No.: 18000-27852

Manufacturer: General Mills, Inc. Serving Size 2.29 OZ (65g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes X No How many grams: <3.99g
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: D

Table with 4 columns: Description of Creditable Grain Ingredient\*, Grams of Creditable Grain Ingredient per Portion A, Gram Standard of Creditable Grain per oz equivalent (16g or 28g) B, Creditable Amount A ÷ B. Row 1: Whole Wheat Flour, Enriched Flour, 32g, 16g, 32g ÷ 16g = 2. Row 2: Total Creditable Amount 3, 2.00

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.
1(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
2Standard grams of creditable grains from the corresponding Group in Exhibit A.
3Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 2.29 OZ (65g)
Total contribution of product (per portion) 2.00 oz equivalent

I certify that the above information is true and correct and that a 65g/2.29 ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Signature (Handwritten: Rose Tobelmann)

Director Title

Printed Name: Rose Tobelmann, MS, RD

Date: 8/5/2013 Phone Number: 1-800-767-5404