

TASTY BRANDS™
WHOLE GRAIN CHEESE STUFFED SHELLS
Shell Shaped Pasta Filled with Cheese

- FOR FOOD SAFETY, FOLLOW THESE COOKING INSTRUCTIONS FOR:**
IQF Whole Grain Cheese Stuffed Shells (#00803WG)
- ✓ Distribute 3 cups of room temperature, canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
 - ✓ Place a single layer of frozen (-10°F to +10°F) shells in pan and cover with 5 cups room temperature, canned sauce.
 - ✓ Spread sauce over pasta to cover.
 - ✓ Cover pan with aluminum foil.
 - ✓ Bake in a preheated 375°F convection oven (high fan setting) for 55 minutes.
 - ✓ Cook until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot.

***COOK ONLY FROM FROZEN *COOK THOROUGHLY *DO NOT THAW**
NOTE: SINCE ALL TYPES OF COOKING EQUIPMENT AND EQUIPMENT'S SETTINGS MAY VARY, COOKING TIME MAY REQUIRE ADJUSTING.
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FILLING INGREDIENTS: Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Asiago Cheese (Cultured Milk, Salt, Enzymes), Water, Food Starch-Modified, Whey Protein Isolate, Sodium Caseinate, Whole Wheat Crackermeal (Whole Wheat Flour, Dextrose), Sugar, Salt, Dehydrated Garlic

PASTA INGREDIENTS: Whole Wheat Flour and Enriched Semolina Blend (Whole Wheat Flour, Durum Wheat, Niacin, Ferric Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Ascorbic Acid (To Promote Color Retention)

CONTAINS: WHEAT, MILK.

Two 2.31 oz. Cheese Stuffed Shells provide 2.00 oz. equivalent meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10-15).

NET WT. 32.30 LBS. (14.65 kg)

DIST. BY: TASTY BRANDS, SYOSSET, NY 11791

KEEP FROZEN

INSPECTED BY THE
U.S. DEPT. OF AGRICULTURE
IN ACCORDANCE WITH
FNS REQUIREMENTS

Nutrition Facts

Serving Size 2 Shells (130g)	
Servings per Container About 112	
Amount Per Serving	
Calories 230	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 380mg	16%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 15g	
Vitamin A 8%	Vitamin C 10%
Calcium 30%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.	
Calories 2,000 2,500	
Total Fat	Less than 65g 85g
Saturated Fat	Less than 25g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrates 4 • Protein 4	