Pack: 6/2.5lb SKU: 10071179003236



### Nutrition

Serving Size: 4,64 oz.

Calories: 140

	Amount per serving	% Daily Values
Total Fat	6g	8%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	11g	4%
Dietary Fiber	7g	25%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	15g	
Vitamin D	0mcg	0%
Calcium	80mg	6%
Iron	2.8mg	15%
Potassium	640mg	15%
Vitamin A	20mcg	2%
Vitamin C	13mg	15%

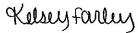
The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

#### Ingredients

SOYBEANS, CONTAINS; SOY,

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Kelsey Farley Regulatory Manager 10/02/2023

# **USDA National Child Nutrition Program Product Specification Sheet**

Serving Information				
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case	
4.64 oz.	½ cup cooked, drained, shelled, vegetable	8.62	51.72	

Product Formulation Credits					-
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Soy, fresh (Edamame) Whole, In Shell	Beans & Peas (Legumes)	4,64	x	6.90 / 16	2.00

Each 4.64 ounce serving of the product above contains 1/2 cup Beans & Peas (Legumes) vegetable or 2,00 oz. Meat Alternate.

VEGETABLE / EDAMAME, FROZEN: To be packed to U.S. Grade A Standards\*.

\*Simplot internal grading program, modeled after USDA standards.

### **Product Specification**

Country of Origin	Product of China		
Meets Buy American Provision Exception Letter Available	N		
Smart Snacks Compliant	Υ		
Halal	N		
Kosher	N		
Vegan	Y		
Vegetarian	Y		
Zero Grams Trans Fat	Y		
Milk	N		
Egg	N		
Wheat	N		
Soy	Y		
Sesame Seed	N		
Peanuts	N		
Tree Nuts	N		
Fish	N		
Molluscan Shellfish	N		

### Benefits

- Great source of protein in a plant-based dish
- Perfect for vegan/vegetarian menu trends Farm-fresh flavor and color
- Consistent year-round quality and pricing

# Shipping Information

Gross Weight	16.25lb	
Net Weight	15lb	
Length	14.625 in	
Width	11 in	
Height	6.125 in	
Case Cube	.570	
Tie High	11X7	
Shelf Life	730 days	
Storage Temp From/To	-10°F / 10°F	

#### Serving Suggestions

This high quality edamame is perfect to heat and eat directly from the pod. Serve as a garnish to an entree or as a stand-alone appetizer for added Asian flair.

#### Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F, TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 6 minutes.