



Dakota Growers Spaghetti Pasta, 51% Whole Grain, 10 Lb Bag, 2/Case

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#221460 | GTIN: 00067387913224| 10 Pounds/Bag, 2 Bags/Case

Made from 51 percent, rich, whole durum wheat and enriched semolina, this penne pasta offers a light colored pasta with a ribbed texture, making it ideal for use with thick cream or tomato based sauces.

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## Product Attributes

Buy American
Kosher
Product Formulation Statement
Vegan
Vegetarian

## Basic Preparation

FOR EACH POUND OF PASTA BRING 1 GALLON OF WATER TO A FULL ROLLING BOIL. GRADUALLY ADD PASTA TO BOILING WATER, STIR GENTLY AND RETURN TO A FULL BOIL. LEAVE THE POT UNCOVERED AND KEEP WATER AT A CONSTANT BOIL. STIR OCCASIONALLY TO PREVENT PASTA FROM STICKING. TASTE THE PASTA TWO MINUTES BEFORE THE RECOMMENDED COOK TIME ELAPSES TO CHECK FOR PERFERRED TENDERNESS. PASTA SHOULD BE FIRM TO THE BITE OR "AL DENTE". DRAIN PASTA IMMEDIATELY. DO NOT RINSE IF SERVING RIGHT AWAY. IF USING IN COLD SALAD RINSE IN COLD WATER. RECOMMENDED COOK TIME OF 8-10 MINUTES

## Item Yield

1 Case = 320 Ounces (2 x 160 Ounces per Bag) of Pasta, Spaghetti, 51% Whole Grain

## Shelf Life

730 days

<b>Total Sugars 2g</b>	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein 7g</b>	<b>14%</b>
<b>Vitamin D mcg 0mcg</b>	<b>n/a</b>
<b>Calcium 0mg</b>	<b>0%</b>
<b>Iron 2mg</b>	<b>11%</b>
<b>Potassium 180mg</b>	<b>5%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

<b>School Equivalents</b>	
Serving Size	1 Cup Ckd
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	2 oz eq
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

<b>Minerals</b>	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

<b>Fat Soluble Vitamins</b>	
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	n/a
<b>Water Soluble Vitamins</b>	
Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a

## Movement

You have never ordered this product, but you should. What are you waiting for?

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