



*Gordon Choice Cauliflower Florets, Grade A, IQF, 30 Lb Bag, 1/Case*

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#285600 | GTIN: 00093901285607 | 30 Pounds/Bag, 1 Bag/Case

Gordon Choice offers our widest variety of reliable, foundational products to help you serve your best. With more than 2,000 items, you can be confident any Gordon Choice product will bring quality, taste and value to your business. It's where everyday needs meet dependability and selection. It's Gordon Choice.

### PRODUCT DESCRIPTION

- Cauliflower offers a slightly astringent, mild taste that is great for cooling a dish's spice and is great when boiled or braised.
- These Grade A cut cauliflower clusters are cut into 1 1/4 to 2-inch width and length pieces for consistent cooking. Stems are included, but should not exceed more than one-inch in length.
- Cauliflower combines well with cheese, curry, apple and brown butter.
- USDA Grade A products ensure excellence and uniformity in color, size and shape.
- Each case includes one, 30-pound bag of cauliflower florets.
- Individually quick frozen to ensure freshness and allow for easy product separation while frozen.

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### Basic Preparation

PACKAGING: 30# BULK PRODUCT IN CORRUGATE BOX. PREP INFORMATION: PLACE IN MINIMUM AMOUNT OF BOILING WATER WHILE STILL FROZEN. THE LOW TEMPERATURE OF THE FROZEN VEGETABLE WILL COOL WATER AND STOP BOILING. BRING TO SECOND BOIL AND COOK UNTIL TENDER. AVOID OVERCOOKING FOR BEST FLAVOR AND COLOR. SEASON TO TASTE.

### Item Yield

1 Case = 480 Ounces of Cauliflower Florets, Grade A, IQF

### Shelf Life

730 days

### Packaging & Storage

Weight

30.00 lb

**Dimensions**

11.50 x 11.50 x 17.13 inches / 29.21 x 29.21 x 43.50 cm

**Packaging**

KEEP FROZEN UNTIL READY TO USE

**Vendor**

Name: Limson Trading - TX (Altex) LIMSON TRADING

Item #: 285600

**Ingredients**

Cauliflower. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated June 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

AP Cauliflower, Fz, GFS

Rounding: True

<b>Nutrition Facts</b>	
<b>Serving Size</b>	1 cup (85g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>20</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
PolyUnsat. Fat n/a	
MonoUnsat Fat n/a	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 20mg	1%
<b>Total Carbohydrate</b> 4g	1%
Fiber 2g	8%
Total Sugars 2g	
Includes 0g Added Sugars	0%
<b>Protein</b> 2g	4%

<b>Vitamin D mcg</b> 0mcg	n/a
<b>Calcium</b> 19mg	2%
<b>Iron</b> 0mg	0%
<b>Potassium</b> 164mg	5%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

<b>School Equivalents</b>	
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit	n/a
Grain/Breads	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

<b>Minerals</b>	
Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

<b>Fat Soluble Vitamins</b>	
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	n/a
<b>Water Soluble Vitamins</b>	
Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin C	n/a
Vitamin B6	n/a
Vitamin B12	n/a

### Movement

Below is your Quantity Order History

WEEK OF	DAY	CASE
04/28/2024		0
04/21/2024		0
04/14/2024		0
04/07/2024		0
03/31/2024		0
03/24/2024	Fri 03/29/2024	5

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### More Information

GFS IQF CAULIFLOWER

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