

7285 GFS Whole Grain Honey Wheat Dinner Roll, 18-12ct (12oz)

1/28/2015

Nutrition Facts	Amount /serving	%DV*	Amount /serving	%DV*	*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500	
	Total Fat	1g	2%	Sodium		
Serving Size 1 Roll (28g) Servings per Container 216	Saturated Fat	0g	0%	Potassium	45mg	1%
	<i>Trans</i> Fat	0g		Total Carbohydrate	14g	5%
Calories 80 Calories from Fat 10	Polyunsaturated	0g		Dietary Fiber	1g	5%
	Monounsaturated	0g		Sugars	2g	
	Cholesterol	0mg	0%	Protein	3g	
	Vitamin A	0%	Vitamin C	0%	Calcium	2%
	Thiamine	10%	Riboflavin	4%	Niacin	6%
				Iron	4%	
				Folic Acid	10%	
					Total Fat Less than 65g 80g	
					Saturated Less than 20g 25g	
					Cholesterol Less than 300mg 300mg	
					Sodium Less than 2400mg 2400mg	
					Potassium Less than 3500mg 3500mg	
					Total Carbohydrate 300g 375g	
					Dietary Fiber 25g 30g	
					Calories per gram: Fat 9, Carbohydrates 4, Protein 4	
INGREDIENTS: WHOLE GRAIN WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, YEAST, HONEY, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, POTATO FLOUR, SALT, MALT, MONOGLYCERIDES, MOLASSES, SODIUM STEAROYL LACTYLATE, POTASSIUM CHLORIDE, SODIUM GLUCONATE, CALCIUM PROPIONATE (A PRESERVATIVE)VINEGAR, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID; TOPPED WITH WHEAT BRAN.						

GF-7285-0115

Contains wheat ingredients.

Dist. By Gordon Food Service, Grand Rapids, MI 49501

NUTRITION & HEALTH CLAIMS		NUTRITIONAL VALUES per serving		PRODUCT SPECIFICATIONS	
Enriched	Kosher Pareve	WeightWatchers® PointPlus®		net weight	216oz (13lbs 8oz) 6.1kg
0g of Trans Fat /serv		Grams of Creditable Whole Grains	9.4	dimensions	L 8.5" x W 6" x H 2.25"
0g of Cholesterol /serv		Total Creditable Grains	16	count /pkg	12 rolls -18packs
0g of Saturated Fat /serv		OEG Method 1	1	count /case	
No High Fructose Corn Syrup	Whole Grain Council Stamp	OEG Method 2	1	style	round top
Reduced Sodium		Sodium for 100g of Product	292mg	topping	wheat bran
Nutrition Statement	Reduced Sodium: 25% less sodium than regular rolls. Sodium has been reduced from 120mg to 90mg per serving.				

***OEG= Ounce Equivalent Grains



Aunt Millie's Bakeries

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Product Formulation Statement

Product Name: Dinner Rolls, Whole Grain Honey Wheat, 12oz Code No: 7285

Case Weight and Pack/Count: 13lbs (18pck-12ct) Serving Size (Weight/Volume): 1 Roll (28g) Calories per Serving: 80

Primary Grain Ingredients in Product: Whole Grain Wheat Flour and Enriched Unbleached Flour

I. Does the product meet the Whole Grain-Rich Criteria: Yes No

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams: _____

(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Method 1

Serving Size (per grams)	Grams per Ounce Equivalent (28g)	Creditable Amount
A	B	A divided by B
28	28	1.0
Total Ounce Equivalent Grains (OEG)		1.0

Method 2

Description of Creditable Grains	Grams of Creditable Grains Ingredient per Portion ¹	Gram Standard of Creditable Grains per oz equivalent (16g) ²	Creditable Amount
	A	B	A divided by B
Whole Wheat Flour	9.4	16	0.5875
Enriched Flour	6.6	16	0.4125
Total Creditable Grains³			1.0
			1.0

Creditable grains are whole-grain meal/flour and enriched meal/flour.

¹ (Serving size) X (%of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

² Standard grams of creditable grains from the corresponding Group in Exhibit A.

³ Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

I certify that the above information is true and correct. One serving of Method 1 (ready to eat) contains 1.0 serving(s) of Grains. One serving of Method 2 (ready to eat) contains 1.0 serving(s) of Grains.

X

Rod Radalia

Rod Radalia
V.P., Technical Services & Quality Assurance

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Created By: Tara Withington

Approved By: Rod Radalia

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Page 1 of 1

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