***CACFP School Lunch***

*News*

\*\*Please note that items may be substituted due to availability\*\*

***Mea*t/Alternate**

1-2 yo: 1 oz.

3-5 yo: 1 ½ oz.

6-12 yo: 2 oz.

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: ½ C

**Fruit**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: 1/2 C

Milk

1-2 yo: ½ C Whole

**WG Ind. Pizza**

**Steamed Broccoli**

**Mandarin Oranges**

**Milk**

**Stuffed Shells**

**Mixed Vegetable**

**Applesauce**

**Milk**

**Sloppy Joe**

**WG Bun**

**Steamed Carrots**

**Fruit Cup**

**Milk**

**Hot Chicken Sandwich**

**WG Buns**

**Steamed peas**

**Banana**

**Milk**

**Meatball Sub**

**WG Bun**

**Mixed Vegetables**

**Applesauce**

**Milk**

**WG Ind. Pizza**

**Green Beans**

**Mandarin Oranges**

**Milk**

**Taco Bites**

**Black Beans**

**Diced Pears**

**Milk**

**Cheeseburger**

**WG Bun**

**Green Beans**

 **Fruit Cup**

**Milk**

**Mac & Cheese**

**Steamed Peas**

**Banana**

**Milk**

**Grilled Chicken**

**WG Bun**

**Steamed Carrots**

**Applesauce**

**Milk**

**WG Ind. Pizza**

**Steamed Cauliflower**

**Mandarin Oranges**

**Milk**

**Alfredo**

**Mixed Vegetable**

**Applesauce**

**Milk**

**Taco Sticks**

**Steamed Carrots**

**Diced Pear cup**

**Milk**

**Italian Pull apart**

**Green Beans**

**Banana**

**Milk**

**Chicken Tenders**

**Cheesy Potatoes**

**Orange Slices**

**Milk**

**WG Ind. Pizza**

**Steamed Broccoli**

**Mandarin Oranges**

**Milk**

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**Rodeo Burger/BBQ**

**WG Bun**

**Mixed Vegetable**

**Applesauce**

**Milk**

**Meatloaf Sandwich**

**Steamed Carrots**

**Fruit Cup**

**Milk**

**Turkey Sandwich**

**WG Bun**

**Steamed Broccoli**

**Banana**

**Milk**

**Cheeseburger Mac**

**Mixed Vegetables**

**WG Roll**

**Applesauce**

**Milk**

**WG Ind. Pizza**

**Steamed Peas**

**Mandarin Oranges**

**Milk**