***CACFP School Lunch***

*News*

\*\*Please note that items may be substituted due to availability\*\*

***Mea*t/Alternate**

1-2 yo: 1 oz.

3-5 yo: 1 ½ oz.

6-12 yo: 2 oz.

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: ½ C

**Fruit**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: 1/2 C

Milk

1-2 yo: ½ C Whole

**Stuffed Shells/Marinara**

**Mixed Vegetables**

**Diced Pear**

**Milk**

**Sloppy Joes**

**WG Bun**

**Steamed Carrots**

**Applesauce**

**Milk**

**BBQ chicken Strips**

**Cheesy Mashed potatoes**

**Cornbread**

**Banana**

**Milk**

**Chicken Tenders**

**Baked Beans**

**Mandarin Oranges**

**Milk**

**Pizza**

**Mixed Fruit**

**Apple Slices**

**Milk**

**Meatball Sub**

**WG Sub Bun**

**Green Beans**

**Diced Pear**

**Milk**

**Hot Chicken Sandwich**

**Steamed Carrots**

**Fruit Cup**

**Milk**

**Peperoni Calzone**

**Steamed Corn**

**Banana**

**Milk**

**Beef Taco**

**Steamed Peas**

**Applesauce**

**Milk**

**Pizza**

**Steamed Cauliflower**

**Apple Slices**

**Milk**

**Taco Bites**

**Steamed Carrots**

**Diced Pear**

**Milk**

**Cheeseburger**

**WG Bun**

**Green Beans**

**Apple Slices**

**Milk**

**Mac & Cheese**

**Steamed Peas**

**WG Roll**

**Banana**

**Milk**

**Grilled Chicken**

**WG Bun**

**Corn**

**Mixed Fruit**

**Milk**

**Pizza**

**Steamed Broccoli**

**Mandarin Oranges**

**Milk**

**Alfredo**

**Mixed Vegetable**

**Diced Pear**

**Milk**

**Cheeseburger Calzone**

**Steamed Peas**

**Sliced Apples**

**Milk**

**Italian Pull apart**

**Steamed Broccoli**

**Banana**

**Milk**

**Chicken Nuggets**

**Cheesy Potatoes**

**Mandarin Oranges**

**Milk**

**Pizza**

**Green Beans**

**Applesauce**

**Milk**

*This Institution is an Equal Opportunity Provider*

**Hamburger**

**WG Bun**

**Steamed Broccoli**

**Diced Pear**

**Milk**

**Sweet & Sour Meatballs**

**Fried rice**

**Cucumbers**

**Applesauce**

**Milk**

**Turkey Sandwich**

**WG Bun**

**Steamed peas**

**Banana**

**Milk**

**Cheeseburger Mac**

**Steamed Carrots**

**WG Roll**

**Mixed Fruit**

**Milk**

**Pizza**

**Mixed Vegetables**

**Diced Peaches**

**Milk**