***K-12 Breakfast***

*News*

\*\*Please note that all items are subject to change\*\*

**Grain**

Grades K-5: 7-10oz Weekly

Minimum 1 oz Daily

Grades 6-8: 8-10oz Weekly

Minimum 1oz `Daily

Grades 9-12: 9-10oz Weekly

Minimum 1oz Daily

**Fruit**

Grades K-8: 1 Cup Daily

And 5 Cups Weekly

Grades 9-12: 1 Cup Daily

And 5 Cups Weekly

Milk

1 Cup 1% or Fat Free

**Wg Cereal**

**Orange Juice**

**MIlk**

**Fruit Loop Waffle**

**Apple**

**Milk**

**Triple Berry Crunch Bar**

**Pear**

**Milk**

**Mini Cinnis**

**Banana**

**Milk**

**Super Donut**

**Orange Juice**

**Milk**

**Pop Tart**

**Orange Juice**

**Milk**

**Oatmeal Chocolate Chip Bar**

**Apple**

**Milk**

**Blueberry Pancake**

**Pear**

**Milk**

**Cinnamon Toast Crunch Pastry**

**Banana**

**Milk**

**Lemon Crunch Bar**

**Orange Juice**

**Milk**

**Wg Cereal**

**Orange Juice**

**Milk**

**Maple Waffle**

**Apple**

**Milk**

**Cinnamon Pretzel Sticks**

**Pear**

**Milk**

**Celebration Cake Breakfast Bar**

**Banana**

**Milk**

**Apple Frudel**

**Orange Juice**

**Milk**

**Pop Tart**

**Orange Juice**

**Milk**

**Cinnamon Raisin Bagel**

**Apple**

**Milk**

**Banana Chocolate Chunk Bar**

**Pear**

**Milk**

**Confetti Pancake**

**Banana**

**Milk**

**Apple Cinnamon Bar**

**Orange Juice**

**Milk**

*This Institution is an Equal Opportunity Provider*

**Honey Cheerios**

**Orange Juice**

**Milk**

**Donut**

**Apple**

**Milk**

**Chocolate Chip French Toast**

**Pear**

**Milk**

**Strawberry Bagel**

**Orange Juice**

**Milk**

**Cherry Apple Crunch**

**Banana**

**Milk**